

SACRED HEART CHURCH

ROSCOMMON

PARISH NEWSLETTER

28th JANUARY 2024

Fourth Sunday in Ordinary Time



“HE TAUGHT THEM WITH AUTHORITY”

Mark 1: 21-28

The divine authority of Jesus is displayed in the Gospel story as he teaches the people about the kingdom of God. The authoritative teaching of Jesus impressed the crowd because he has the power over unclean spirits to depart a possessed man and that left the people astonished. We all marvelled at the light of Jesus' powerful teachings as we need him to motivate us to be his instruments of hope, love, and peace in the world.

When the hearts of people are filled only with worldly matters, contentment and peace of mind can never be achieved. Expensive fashions never stop; glittering jewellery can lure the human eye, and technological advancements in gadgets keep evolving. In a matter of time the human spirit gets tired of following them because the soul naturally searches for what really matters. St. Augustine of Hippo once said, “*You have made us for yourself, O Lord, and our heart is restless until it rests in you.*” We all need the teachings of Jesus that give meaning, value, and purpose in life. While it is good to appreciate the God-given beauty and goods of the earth, we must treat them in a way that leads our hearts to the treasure of eternity.

In a world where the battle of good and evil is real, we need the power of Jesus to motivate our hearts to do good and to work hard for the sake of his kingdom. Amid the darkness brought about by all the challenges that surround us, we are called to embrace the great light that has already dawned upon us, to spread the message of hope and love that the world needs. Let us listen and follow the teachings of Jesus to find true peace in our heart.

- Fr. Raul

Mass Intentions for the coming week

MONDAY	11 am	Ann Costello
TUESDAY	8 am	John Gillooly
	11 am	Morning Mass
WEDNESDAY	8 am	Mary Hayes
	11 am	Morning Mass
THURSDAY <i>St. Brigids Day</i>	8 am	Morning Mass
	11 am	Laurence, Mary Bridget, Pat & Agnes Hevican
FRIDAY <i>Candlemas Day</i>	11 am	Morning Mass
SATURDAY <i>St. Blaise - Blessing of Throats</i>	10 am	Monika & Kathleen Hoare Rose Noone Brendan & Alice Merriman
	7 pm	John McDermott (Months Mind)
SUNDAY	9 am	Morning Mass
	11.30 am	Kathleen McGrath (Months Mind)



Please pray for the happy repose of the soul of

RENA McGARRY, Ballinagard Rd., Roscommon

We offer sincere sympathy and the assurance of our prayers to her bereaved family & friends.

We also remember Bill O'Brien & Thomas Horan whose anniversaries occur around this time.

FEASTDAYS: Thursday next 1st February is the Feast day of **St. Brigid**. Usual Mass time 8 am & 11 am. **Friday 2nd February:** **Candlemas Day**. Anyone who wishes to have candles blessed, please leave them in the Sanctuary before all Masses on Friday. **Feast of St. Blaise:** Saturday 3rd February: Blessing of throats at 10 a.m. & 7 p.m. Mas

Sacrament of Reconciliation: Saturdays: 10.30am - 11am & 6.30pm - 7pm.

BLESSED SACRAMENT CHAPEL - Adorers for the following hours are urgently required: **Wednesday:** 12noon - 1pm & 2 pm - 3pm & **Friday:** 6pm - 7pm. Thank you for your support. If you can help out with the above hours, please contact Tom Beirne 0863861954.

CHURCH CALENDAR 2024: Are available in the Porch of the Church. Please take one home.

FIRST FRIDAY CALLS - Communion calls to the sick and housebound will take place this Friday, 2nd February, at the usual times.

MEDJUGORJE PILGRIMAGE: Knock to Mostar. Sept. 18th to Sept. 25th. Accompanied by Spiritual Director. Accommodation 2 mins from church. Early booking with discount before 3rd February 2024. **Knock to Mostar. Sept. 25th - Oct. 2nd.** Fr Daniel Odofia Spiritual Director. Further details: Anne Keadin, 086 376 6293.

PREPARING FOR MARRIAGE? Weekend residential courses available. 26th - 28th April and 20th - 22nd September 2024. Details: www.grasta.org or at info@grasta.org

MEDJUGORJE YOUTH FESTIVAL: The Diocese of Elphin invites young adults in the diocese aged 18 - 35 on pilgrimage to Medjugorje this summer for the Youth Festival from 31st July – 7th August, led by Bishop Kevin. The cost per person sharing is €650. For more information, detail of costs, registration form etc. please see the diocesan website on www.elphindiocese.ie/medjugorje or contact the Diocesan Office at 071-9150106 and youth@elphindiocese.ie

LIVING WELL is a free HSE programme which helps people living with a long-term health condition to manage their condition and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. The next programme in Boyle commences on Tuesday, March 12th. The programme is delivered over six weekly workshops (2.5 hrs x 6) by trained leaders. Advance registration is required. To find out more, please contact Liam Gildea on 086 014 2675 or by email at lgildea@southmayo.com

LOCAL FORUM is an open meeting for people with connections to the mental health services where they speak about their experience, present views and raise matters to improve the service to others. Please contact Fiona on fiona.dodd@hse.ie or 087 3805332 or Teresa MHERForumSecretary@outlook.com or 0877554393

ROSCOMMON GARDEN CLUB will hold its next meeting on Monday 29th January, 2024 at 8pm in Hannons Hotel. Paul Smyth from Bellefield will give a talk on Snowdrops & Spring Bulbs.

Altar Society - Week starting Monday 29th January - Group I

St. Joseph's Church, Kiltewan - Upcoming Mass
Friday, February 2nd at 7 p.m. & Sunday, February 4th at 10 a.m.

NA physical meetings on Tuesday nights only from 8 - 9pm in Room 13 at St. Comans, Abbey St., Roscommon.

YOGA FOR BEGINNERS & IMPROVERS: This is an introductory programme teaching foundation and basic poses while improving your breathing and relaxing your body and mind. Suitable for those seeking to improve their strength, flexibility, health, and general well-being. Location: Lisnamult Sports & Activity Hub. Starts: Wednesday 7th February from 10 - 11 am. Cost: €25.

Chair Yoga at Roscommon Library: In collaboration with Healthy Ireland at your Library and Roscommon Sports Partnership. This four-week programme is suitable for older adults with mobility and flexibility concerns and those who wish to engage in a more active lifestyle. Improve strength, mobility, and balance; Relieve stress with breath-work and meditation; Connect socially, boost well-being and be a part of a community. Location: Roscommon Co. Library. Starts: Wednesday 7th of February from 11:30 am – 12:30 pm. Cost: €25. Register via Eventbrite on the link: <https://www.eventbrite.ie/e/806349401767?aff=oddtcreator> or contact Elle-May at sportshub@rosactive.org / 090 6630 853 to book your place.

COUNTY FLEADH ENTRIES: Fleadh Cheoil Ros Comáin 2024, will be held in Ail Finn /Elphin over the Easter Weekend, with the competitions being held on the Monday. Details of venues and other activities will be available to see in local paper advertisements at a later date. Entries should reach your local Comhaltas branch rúnaí / secretary not later than 15th February 2024. Updated entry forms will be available to download from facebook page, comhaltas bhaile ros comain, in the very near future. Entries may be sent to Peadar Brandon Cloverhill (090 66 25382) or to Bill Cunningham, 1 Cloonbrackna Avenue (086 3345 817). Late entries will not be accepted.

LINE DANCING in Quad, Roscommon every Friday at 11.15 a.m. and on Sundays at 6 p.m., also in Four-Mile-House every Tuesday at 7 p.m. with Jive Classes at 9 p.m. For more info call Christopher 086 8474744.

CHIME: Free and confidential support service on all aspects of deafness and hearing loss in children and adults. First Thursday of each month, 10:30am - 1:00pm, HSE Primary care Centre, Golf Links Road, Roscommon. Information, resources, assistive technologies, entitlements, minor repairs, batteries & more. Email: dave.browne@chime.ie. Text: 086 816 8073 / Call: 091 564 871

Sunday's Offertory Collection - 21st January 2024

€3,130.00

Thank You

PARISH STAFF

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Fr. Raul Cino C.C - 090 66 26189 : Fr. Séan Beirne C.C (Kilteevan) - 090 66 26374*

Email: *Parish Office:* - roscommonparish3@gmail.com :

Website: www.sacredheartroscommon.com

Church Radio: = 105.9 fm : **Ros FM:** = 94.6 (11am Mass transmitted daily)

Webcam: www.churchtv.ie/roscommon

Facebook Page: <https://www.facebook.com/roscommonandkilteevanparish/>