

SACRED HEART CHURCH

ROSCOMMON

22nd Sunday in Ordinary Time

PARISH NEWSLETTER

3rd September 2023

TAKE UP YOUR CROSS *Matthew 16:21-27*

Success requires sacrifice. Every human success does not happen overnight or is just a "walk in the park" journey. It is always a result of painstaking efforts and enormous number of sacrifices on the part of the person. Like a successful athlete, the amount of tough preparation for the day of the championship game is painful and incredible.

The prize of heaven is also the same. It takes a lot of sacrifices, faith, grace, and true love. In the Gospel today, Jesus said to his disciples, ***"Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it."***

Everybody is invited to enter to the kingdom of heaven but one must be willing to pay the price, for the God who became man was the first to pay the price on the cross for us to be saved.

The earthly goal of success requires a great deal of sacrifices in order to gain laurel of victory. It is worth the efforts, but remember, its glory will not last forever.

Heavenly victory on the other hand needs a different level of sacrifices and pain to gain it but the everlasting crown in God's kingdom is beyond our mind to imagine.

Therefore, let us listen to Jesus telling us to carry our cross and embrace it day by day, so that we may happily win over all our challenges here on earth and ultimately gain victory in the life to come.

- Fr. Raul

RESTORATION WORKS SACRED HEART CHURCH UPDATE

We are extremely grateful to parishioners for their cooperation and generosity that has enabled us to get to this point with the restoration works.

To date €61,637 has been raised.

Your continued support is greatly appreciated.

Mass Intentions for the coming week:

MONDAY	11 am	Private Intention
TUESDAY	8 am	Austin Healy Jnr. Marian Hanley (1st Anniversary), Mick, Ciss & John Hunt
	11 am	Thomas Snr & Margaret Timon
WEDNESDAY	8 am	Morning Mass
	11 am	Private Intention
THURSDAY	8 am	Morning Mass
	11 am	Morning Mass
FRIDAY	11 am	Mary & John Forde
SATURDAY	10 am	Peter, Daisy & Hugh Sreenan Niall McDermott, Leo & Kay Finnemore
<i>Vigil Mass</i>	7 pm	Joe Greene (1st Anniversary)
SUNDAY	9 am	John Glynn (Months Mind)
	11.30 am	John Clogher (Months Mind)



Please pray for the happy repose of the soul of
ALDO MORELLI, Dublin & formerly Roscommon Town

*We offer sincere sympathy and the assurance of our prayers to his
bereaved family & friends*

Sacrament of Reconciliation:

Saturdays: 10.30am - 11am & 6.30pm - 7pm.

N.B - MASS TIME CHANGE: Saturday morning Mass has now changed to the earlier time of **10 a.m.** Thank you for your cooperation.

BLESSED SACRAMENT CHAPEL - Adorers for the following hours are urgently required: **Monday:** 11am - 12 noon. Thank you for your support. If you can help out with the above hour, please contact Tom Beirne 0863861954.

LOW GLUTEN HOSTS: For parishioners with gluten intolerance we have low gluten host available to the left of the priest or Eucharistic Ministers (as you face the Altar). Please join the queue as normal and you are invited to take the host from the Ciborium placed on the table.

THANK YOU: As we face the Autumn/Winter flu season we would like to thank again parishioners who in the interest of hygiene and courtesy to other parishioners continue to receive Holy Communion into the hand.

MEDJUGORJE MASS: Monthly Mass for Peace will be held in St. Coman's Club on Tuesday 5th September @ 8 pm. All are welcome.

FRIDAY, 8TH SEPTEMBER: Birthday of the Blessed Virgin Mary. Rosary will be recited at Our Lady's Grotto, Sacred Heart Church on that evening at 7 p.m. All are welcome.

SPECIAL EVENT: On Monday, September 18th at 6.30 p.m. in the Sacred Heart Church, Roscommon Town. A special Mass to celebrate Eucharistic Adoration with Guest Speaker Sr. Adela Gallindo, SCTJM. Don't miss out on this wonderful opportunity to experience the healing love of Jesus Christ, truly present in The Blessed Sacrament.

REGARI Recovery College Autumn/Winter Wellbeing Workshops will begin on Tuesday 19th September from 2pm - 5pm in Roscommon Library. The workshops are open to people over 18 years of age and have been designed to support anyone who is interested in learning more about coping with mental health challenges through education and conversation. Everyone is welcome. Registration takes place on Tuesday 5th September between 1pm to 4pm in Regari Recovery College, Athlone Road, Roscommon. For more details see local press or contact Amanda Hunt on 086 1304869 or email regarirecoverycollege@gmail.com

ELPHIN DIOCESAN APOSTOLIC WORK are planting a tree at Knock to commemorate the 100 anniversary of Apostolic work nationally. It will take place on the Saturday 16th September, **with the planting of the tree at 11.30 a.m., Mass in the Basilica at 12 noon**, with soup, sandwiches, tea and biscuits after in St. Johns centre. Soup and tea cost €10 and we would appreciate if paid before the day. The Papal Nuncio Archbishop Luis Mariano Montemayor will be the main celebrant of the Mass, Members of the National Council will attend and our friends in the missionary orders have been invited, as have many of our sponsors. We look forward to seeing you on the day. Please let us know if you can attend. Contact details; Mary Lee merlee4525@mail.com, mobile 087 1353780; Margaret Haughey, margthaughey@gmail.com, mobile 087 2072400.

THE LEGION OF MARY are organising a day trip to Loug Derg on Saturday 23rd September 2023. Leaving the Sacred Heart Church car park at 6.30 a.m. For bookings please contact Teresa on 087 1206343 or Noreen on 086 3529916 (090 6625209).

HOSPICE COFFEE MORNING: Mayo Roscommon Hospice are calling for people to host a coffee morning, evening with family, friends or work colleagues on National Coffee morning for Hospice on Thursday 21st September or on another date if suits you better. Please register www.hospice.ie, email info@hospice.ie or call 094-93-88666 and a free pack will be sent out to you. All funds raised local stay local. Please support.

DINNERS4U: The Melting Pot, Roscommon, provides a Dinners4U meals on wheels service. We are urgently looking for volunteer delivery drivers to help us distribute the meals. If you could provide a few hours a week, it would be greatly appreciated. All you need is a Full Clean Driving licence. Please contact Lucy or Vivienne in the office - 090 6630099/089 2769287. Thank you.

St. Joseph's Church, Kiltewan - Upcoming Mass

Sunday, September 10th at 10 a.m.

Altar Society - Week starting Monday 4th September - Group I

ACTIVE RETIREMENT: Roscommon Town Active Retirement meetings will resume on September 5th at 2.30 p.m. in the Hyde Centre. All welcome.

WEEKLY WEDNESDAY COFFEE MORNING in Irish for Refreshers. Starting 20th September until 20th December 2023. 10 a.m. - 10.45 a.m. @ Rogue&Co., Main St., Ros Comáin. We will continue after Christmas if there is sufficient interest. We will be using the booklet 'Focal ar Fhocal' as an aid. It will be provided. Weekly Wednesday Coffee Morning in Irish for Improvers from 11 a.m. - 12 noon @ Rogue&Co. This group started several years ago and is going strong, thanks be to God. Labhair Gaeilge Linn.

PILATES: New 4 week term of pilates starting Wednesday 13th September @ 9:30am in Quad Youth Centre, Roscommon, suitable for all ages & abilities, everyone welcome. Call/text Bonnie 0872238237

ACTIVE FOR AUTUMN: This programme takes place at Roscommon Community Sports Park (upstairs room) between 10 am – 11 am every Tuesday for the next four weeks. The programme is a combination of strength and cardio movements which promotes enhanced functional fitness, balance, and mobility. It is catered for individuals with varying abilities and fitness levels. We encourage participants to take part at their own pace. Have fun and enjoy exercising in a supported environment. €5 per session. To Register: email Elle-May at sportshub@rosactive.org or call: 090 6630853.

WALKING FOOTBALL FOR MEN & WOMER OVER 50: This programme takes place at Roscommon Community Sports Park (Astroturf) between 2 pm – 3 pm starting Thursday 7th of September. The four-week programme is designed to encourage older adults to get active and involved in sports. It offers an opportunity for participants to return to the game they love at their own pace. Walking football is a very easy and enjoyable way to stay active, have fun and enjoy the outdoors. Make sure to stick around after for a post-match analysis cuppa tea and a chat! €5 per session. To Register: email Elle-May at sportshub@rosactive.org or call: 090 6630853.

Sunday's Offertory Collection - 27th August

€3,043.00

Thank You

PARISH STAFF

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