

SACRED HEART CHURCH

ROSCOMMON

23rd Sunday in Ordinary Time

PARISH NEWSLETTER

10th September 2023

THE CHALLENGE OF HELPING EACH OTHER

A feature that has been developed in cars manufactured over the last ten years or so is a speed limiter. With this, a driver can manually set a speed limit on their car to assist them in not exceeding the required speed at certain road sections. However, more recently, a further feature installed on vehicles is a device that detects the speed limits displayed on road signs and invites the driver to either go faster or slower, depending on their travel speed.

As we go through life, we sometimes need guidance from a parent, sibling, spouse, partner, friend, or counsellor. There are times when, in a sense, we are going too slow, and we need to 'pull our socks up.' This is something touched on in our Scripture this Sunday, where it is deemed necessary that those who have lost their way be warned about their behaviour and urged to repent.

There are other times when we are trying too hard and are advised to relax and take things a little slower. Sometimes, we can be a little hard on ourselves and allow unfair criticism to affect us and cause us to forget all the good we have done.

Our readings also outline that despite our frailties and shortcomings, we are responsible for guiding others in life. Sometimes in life, we need to make no apology when we speak the truth to others, not out of criticism but rather out of care.

Let's try and help each other this week. Let us gently invite each other to go faster or slower, whichever is appropriate, so we may all try and live lives worthy of our christian calling.

- Fr. Kevin

RESTORATION WORKS SACRED HEART CHURCH UPDATE

We are extremely grateful to parishioners for their cooperation and generosity that has enabled us to get to this point with the restoration works.

To date €62,205 has been raised.

Your continued support is greatly appreciated.

Mass Intentions for the coming week:

MONDAY	11 am	Michael Martin
TUESDAY	8 am	Roseanna O'Brien
	11 am	Morning Mass
WEDNESDAY	8 am	Morning Mass
	11 am	Josephine & Michael Costello Joan Comiskey
THURSDAY	8 am	Morning Mass
	11 am	Morning Mass
FRIDAY	11 am	Morning Mass
SATURDAY	10 am	Brendan & Alice Merriman Gussie Diffley Mike Costello
<i>Vigil Mass</i>	7 pm	Gerry Harkin (1st Anniversary)
SUNDAY	9 am	Morning Mass
	11.30 am	Jacinta Lynch (Months Mind)



Please pray for the happy repose of the soul of

ENA BRENNAN, Galway, sister of Moira Mahon, The Walk

We offer sincere sympathy and the assurance of our prayers to her bereaved family & friends

We also remember Mary, Katie & Peter McDermott whose anniversaries occur around this time

Sacrament of Reconciliation:

Saturdays: 10.30am - 11am & 6.30pm - 7pm.

N.B - MASS TIME CHANGE: Saturday morning Mass has now changed to the earlier time of **10 a.m.** Thank you for your cooperation.

BLESSED SACRAMENT CHAPEL - Adorers for the following hours are urgently required: **Monday:** 11am - 12 noon. Thank you for your support. If you can help out with the above hour, please contact Tom Beirne 0863861954.

LOW GLUTEN HOSTS: For parishioners with gluten intolerance we have low gluten host available to the left of the priest or Eucharistic Ministers (as you face the Altar). Please join the queue as normal and you are invited to take the host from the Ciborium placed on the table.

THANK YOU: As we face the Autumn/Winter flu season we would like to thank again parishioners who in the interest of hygiene and courtesy to other parishioners continue to receive Holy Communion into the hand.

SPECIAL EVENT: On Monday, September 18th at 6.30 p.m. in the Sacred Heart Church, Roscommon Town. A special Mass to celebrate Eucharistic Adoration with Guest Speaker Sr. Adela Gallindo, SCTJM. Don't miss out on this wonderful opportunity to experience the healing love of Jesus Christ, truly present in The Blessed Sacrament.

JUBILEE OF MARRIAGES: Couples celebrating their Silver, Ruby, Golden or Diamond wedding anniversaries are invited to attend a Jubilee Mass, along with their families and friends, on Sunday 1st October at 2.30pm in St Colmcille's Church, Rathcormac, Co Sligo **or** Sunday 15th October at 2.30pm in St Mary's Church, Ballygar, Co Galway. Light refreshments will be served after both Masses for all in attendance. As each couple celebrating an Anniversary will receive a certificate from Bishop Kevin, they are invited to register their details at www.elphindiocese.ie/jubilee2023

REGARI Recovery College Autumn/Winter Wellbeing Workshops will begin on Tuesday 19th September from 2pm - 5pm in Roscommon Library. The workshops are open to people over 18 years of age and have been designed to support anyone who is interested in learning more about coping with mental health challenges through education and conversation. Everyone is welcome. Registration takes place on Tuesday 5th September between 1pm to 4pm in Regari Recovery College, Athlone Road, Roscommon. For more details see local press or contact Amanda Hunt on 086 1304869 or email regarirecoverycollege@gmail.com

ELPHIN DIOCESAN APOSTOLIC WORK are planting a tree at Knock to commemorate the 100 anniversary of Apostolic work nationally. It will take place on the Saturday 16th September, **with the planting of the tree at 11.30 a.m., Mass in the Basilica at 12 noon**, with soup, sandwiches, tea and biscuits after in St. Johns centre. Soup and tea cost €10 and we would appreciate if paid before the day. The Papal Nuncio Archbishop Luis Mariano Montemayor will be the main celebrant of the Mass, Members of the National Council will attend and our friends in the missionary orders have been invited, as have many of our sponsors. We look forward to seeing you on the day. Please let us know if you can attend. Contact details; Mary Lee merlee4525@mail.com, mobile 087 1353780; Margaret Haughey, margthaughey@gmail.com, mobile 087 2072400.

THE LEGION OF MARY are organising a day trip to Lough Derg on Saturday 23rd September 2023. Leaving the Sacred Heart Church car park at 6.30 a.m. For bookings please contact Teresa on 087 1206343 or Noreen on 086 3529916 (090 6625209).

HOSPICE COFFEE MORNING: Mayo Roscommon Hospice are calling for people to host a coffee morning, evening with family, friends or work colleagues on National Coffee morning for Hospice on Thursday 21st September or on another date if suits you better. Please register www.hospice.ie, email info@hospice.ie or call 094-93-88666 and a free pack will be sent out to you. All funds raised local stay local. Please support.

St. Joseph's Church, Kiltewan - Upcoming Mass

Sunday, September 17th at 10 a.m.

Altar Society - Week starting Monday 11th September - Group II

BLESSING OF ANIMALS: The Irish Guide Dogs for the Blind invite you on Saturday, 30th September, in the grounds of The Sacred Heart Church, Roscommon at 3 p.m. for a blessing of animals. All are welcome.

MORNING LARKS BRIDGE CLUB resume play in Hannons Hotel on Friday, September 15th at 10 a.m. til 1 p.m. We hope to see everyone back and new members are welcome.

ACTIVE RETIREMENT: Roscommon Town Active Retirement meetings will resume on September 5th at 2.30 p.m. in the Hyde Centre. All welcome.

WEEKLY WEDNESDAY COFFEE MORNING in Irish for Refreshers. Starting 20th September until 20th December 2023. 10 a.m. - 10.45 a.m. @ Rogue&Co., Main St., Ros Comáin. We will continue after Christmas if there is sufficient interest. We will be using the booklet 'Focal ar Fhocal' as an aid. It will be provided. Weekly Wednesday Coffee Morning in Irish for Improvers from 11 a.m. - 12 noon @ Rogue&Co. This group started several years ago and is going strong, thanks be to God. Labhair Gaeilge Linn.

PILATES: New 4 week term of pilates starting Wednesday 13th September @ 9:30am in Quad Youth Centre, Roscommon, suitable for all ages & abilities, everyone welcome. Call/text Bonnie 0872238237

CYBER SECURITY: I am looking for people aged 65+ to take part in a 20 minute interview about how they use technology and how they find the experience of trying to be secure online. The first 100 participants will receive a one4all gift card worth €40 and there is no requirement that they use technology at all. If you know anyone you think would like to take part please let us know on cyberadvice@cyberskills.ie or 083 3527791. The interviews can take place over a phone call or we can try to arrange in person either. The CyberAdvice project is funded by Science Foundation Ireland with support from the National Cyber Security Centre and is approved by the MTU Research Ethics Board.

Sunday's Offertory Collection - 3rd August

€3,915.00

Thank You

PARISH STAFF

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